

WIM March 16-19, 2023 Menu

THURSDAY DINNER

Prepacked Meals
Amala & Okra Mixed Soup
Mixed Beans with Plantain
White Rice & Plantain
Protein: Beef, Chicken & Fish

SATURDAY LUNCH

Prepacked Meals
White Rice & Beans
with Plantain
Protein: Beef, Chicken & Fish

FRIDAY BREAKFAST ON YOUR OWN OR HOTELS

FRIDAY LUNCH

Prepacked Meals
FRIED RICE WITH PLANTAIN
WHITE RICE WITH WITH MOIMO
TOSS SALAD OR COLE SLAW

FRIDAY DINNER

Prepacked Meals
Jollof Rice WITH PLANTAIN
Protein; Chicken & Fried Fish

SATURDAY BREAKFAST

PREPACKED MEALS
BOILED YAM & FRIED
EGGS SAUCE
BREAD WITH EGG SAUCE

SATURDAY DINNER BANQUET

BUFFETT DINNER

White Rice
Village Rice
Beans (Ewa Agayin)
Stewed chicken
Stewed Beef
Stewed Fish
Designer Stew
Chicken Drumsticks
Amala
Gbegiri/Ewedu
Plantain
Moimoi
Potato/Vegetable Salad
BREAD ROLLS
COLE SLAW
Cheese & Chocolate, Vanilla Cake
Water, Coffee, Tea
SWEET /UNSWEET TEA

SUNDAY TAKE HOME

Prepacked Meals
Fried Chicken, Fries & Rolls